

**I**t is hard to believe that another year is about to end. As I look back over the year, I have to say it has been a good one for the base. We had many accomplishments, thanks to a lot of hard work by all members of our team. Even though Gander is a small base, visitors continue to be amazed with what we are able to achieve with our limited resources and are equally impressed with the positive attitude of all personnel. I know it hasn't been easy, especially since most sections are short handed, but I want to thank each and every one of you for the excellent support all year.

It has also been a good year for the Canadian Forces and the Air Force. We are seeing a huge reinvestment in defence, with new equipment and more people on the way, and the support we are seeing from the Canadian public has never been better. Unfortunately, it will take time to rebuild, but in the near future we will have a much more capable force. The project to replace our aging buildings has been reinitiated as well, so hopefully we will see some major construction start in the next year or two.

Even though the spotlight has been on Afghanistan, what happens at home is no less important. We have been through a major reorganization with the standing up of the new headquarters and we are maintaining higher readiness levels to ensure we are able to respond quicker and more effectively to events in Canada. The large numbers deployed overseas tends to overshadow the fact that there are close to 3,000 troops in Canada ready to respond on short notice, such as the Army's Immediate Reaction Unit, the Navy's Ready Ship and the Air Force's SAR and NORAD assets, and this can quickly be brought up to 10,000 if needed to respond to manmade or natural disasters. This supports the government's Canada First Policy and is why there is more emphasis on fitness and training, even for those not scheduled to deploy.

Because we are so busy, it is important to take time to relax. It is my hope that during the holiday season everyone will have a chance to slow down and enjoy some quality time with friends and family. However, let's not forget those deployed overseas, including many from Gander, who will not have the opportunity to spend the holidays at home. To the families who will be missing a loved one, I know it is not easy, especially this time of year, but hopefully knowing that a contribution is being made to make another part of the world a better place will make it all seem worthwhile.

I would like to extend best wishes to you and yours for the holiday season. I sincerely hope that everyone takes a well-deserved break and returns to work re-energized. Have a happy, and more importantly, a safe holiday and all the best in the new year.

J.W. MacAleese  
LCol  
Comd 9 Wing



# GMFRC

## THE PURPOSE:

The purpose of the Gander Military Family Resource Centre is to provide services, programs and resources which will improve the quality of family life and strengthen our military community.

## BOARD MEMBERSHIP:

Chairperson - Andrea Dawe  
Vice- Chair /Treasurer - Linda Maxwell  
Secretary - Tammy Hunt

## MEMBERS:

-Trudy Brown  
-Kathy Harper  
-Holly Skinner  
-Joann Rose  
-Theresa Traverse  
-Mark Brewer  
-Jennifer Childs  
-Cynthia Irvine

## EX-OFFICIO:

-WO Karen Dumont  
(Base Commander's Rep)  
-Peggy Blake  
(Executive Director)

## GMFRC STAFF:

Peggy Blake  
Executive Director.....1274  
Betty Moulton  
Social Worker.....1146  
Danielle St-Pierre  
Information/Employment/SLT.....1147  
Colleen Hiscock  
Volunteer / QLC.....1202  
Pamela Timbury  
CYC and Emergency Childcare.....1201  
Deanne Short  
CYC Assistant.....1201  
Caroleann MacWhirter  
Deployment.....1148  
Lisa Butler  
Administrative Assistant.....1206  
Sarah Kelly  
Youth Services Facilitator.....1200

Call the Centre at  
(709) 256-1703 ext. 1206/1274  
Business Hours  
8:30 - 16:30  
Monday to Friday  
Fax: (709) 256-1771  
Email: info@gandermfrc.ca



# MERRY CHRISTMAS

*From the GMFRC  
Board of Directors.*

*Our Christmas wish to you is for family  
fun, games, and special memories well  
into 2007 and beyond.*

*Remember those in our extended military  
family who are not able to be home with  
their families this year. Keep them in your  
thoughts and prayers.*



Andrea Dawe  
GMFRC Chairperson

## GMFRC Christmas Gift Ideas



**IS YOUR CHRISTMAS CART  
STILL EMPTY?**

**Let the GMFRC help you this year.  
We have Christmas craft and decorating items that are  
sure to please someone on your list.**

**All items are priced to sell.**

**For more information, contact Linda Maxwell  
(Maxwell.LD@forces.gc.ca) ,**





# Greetings from the Executive Director

Happy Holidays from the GMFRC  
Peggy Blake, Executive Director



It is hard to believe that the holiday season is upon us once again. What a busy year we have had at the Centre! It has been our tremendous pleasure to have you attend all the programs, events, workshops and courses that our staff has offered. If you have any suggestions for programming that you would like to see us offer in the New Year, please let us know. We are always looking for new ideas.

The hectic pace continues at the Centre. Many programs are being offered to get us all in the holiday spirit, but I do want to take the time to talk about two in particular. Our volunteers are busy coordinating our 15th Annual Angel Tree Campaign. We are so pleased that this campaign continues to grow every year. Thanks to your generosity, along with our friends at NavCanada and HRDC, many families in the Gander area will have a merrier Christmas. We are very proud that our military community, year after year, strives to make a difference in the lives of their fellow man in our local area.

The second program area that I would like to mention is Deployment Support. Christmas is supposed to be a time to gather around you all those people who are near and dear to you. Unfortunately, for our members who are serving overseas, that is not possible. Thanks to many donations, both from the business community and individuals, we have tried to send a little piece of home to our deployed members through our Christmas Care packages. We want them to know how much we appreciate their efforts on behalf of all Canadians, and indeed the world. They are sacrificing being with their families this holiday season, so we can all enjoy spending the holidays with our families.

Our float in the Annual Christmas Parade will again this year highlight the contributions of both our deployed military members, and of their families, who have to be without each other during the time the member is deployed. Our thoughts and prayers are with them always, and especially during the holiday season.

On behalf of the staff of the GMFRC, and on behalf of our families, we wish you and yours the very best the holiday season has to offer. We look forward to seeing you at the Centre in the New Year.

**C**hristmas is that amazing time of the year when family and friends get together to enjoy each other's company surrounded by the warmth of the festive season. It's a great opportunity to reflect on the positive things in our lives and on how lucky we are to have the people we do have around us. After a challenging year in which the operational tempo has increased to levels we haven't seen in a decade, enjoy a well deserved rest over the holidays and take the opportunity to spend quality time with your families. I would also ask you to remember our deployed personnel and pray for a safe deployment and a safe return to their families. I would like to extend my sincere appreciation to all members of 9 Wing and CFB Gander for the tremendous support you have provided throughout the year.

During this holiday season, please take time and enjoy a safe and well - deserved break. My wife Trudy, and I wish all of you and your families a very Merry Christmas and Happy New Year.

CWO Clyde Brown  
Wing Chief warrant Officer





# Prevention & Intervention

## Christmas Feast Announcement

Christmas is a time for family and friends. It is a time to share joys and enjoy each others' company. For some people in our town this may not be possible this year. Some people will spend Christmas alone. Maybe you are one of these people. You may be a couple whose children have moved away or you may be in town because of work/school commitments and your family may be in another town.

We would like to make your Christmas a special one this year  
By inviting you to share in a:

**Christmas Feast  
December 25<sup>th</sup> at 12:00 PM  
At the Salvation Army Church,  
165 Airport Blvd, Gander, NL**

Sponsored by:  
The Salvation Army Gander  
Community and Family Services.

There will be entertainment, food and lots of fellowship.  
Our wish is that this blessed Christmas season will not bring sadness to your heart, but joy and blessings.



**If you plan to attend, would you please call the Salvation Army At 256-4480 before December 20th, 2006**

Merry Christmas and God Bless You!

## 10 Ways to Reduce Christmas Stress

The Christmas season starts earlier every year. With all the hype and advertising, it's hard not to get a little stressed out over the whole affair.

So here are 10 tips that will help you relax a little more this Christmas and hopefully a good time will be had by all.

1. Don't take the responsibility for everyone else's happiness.
2. Decide ahead of time any task you take on is a choice you have made.
3. Set a budget and stick to it. Avoid overspending on Christmas gifts, decorations, and food. You're not going to appreciate credit card debts in January and February, so set limits for gifts.
4. Don't let competition spoil the holidays. The idea behind Christmas is not to give the biggest party, or have the prettiest tree.
5. Do things with your children you both like.
6. Don't allow yourself to be lonely, even if you are alone for the holidays. Doing is preventive medicine against depression. Perhaps you can be of benefit to someone who is worse off than you.
7. Forget about the entire holiday season and take it one day at a time.
8. Make a list of all the different things that you dislike about the holidays and rid yourself of most of them. Do you hate turkey? Don't serve it. Do you dislike sending greeting cards? Stop it. In other words, if it brings you grief, who are you still doing it?
9. Provide time for family members to share the real meaning of the holidays.
10. The holidays will not let you down. Only you can do that. The responsibility is always our own. This is a joyous time of the year. Remember, the real meaning of happiness, peace, joy, faith hope, and love.



On behalf of my husband, Dave; our children, Josh and Jeremy, and myself; I would like to wish you a very safe and Merry Christmas. All the best in the New Year.

Betty Moulton  
Social Worker

\*The information contained in this article was obtained from  
<http://webhome.idirect.com>



# To Our Volunteers

***“It’s the Most Wonderful Time of the Year”***

Here we go again! Christmas! It’s coming. It’s all around us. It’s waiting for you just around the corner and you can see and feel it everywhere you go. From the displays in the stores, to the party preparations and the excitement of the children...yes, it’s all around us! Don’t fight it. Just go with it, because Christmas truly is the most wonderful time of the year. It is the time for family and friends, it is the time for giving and sharing and it is a time to reminisce about the past year and reflect on what the New Year may bring.

Some of you are anxiously waiting to join family and friends for the festivities. Some of you will have family or friends visiting from away. However you plan to spend the holidays, I trust it will be a safe and joyous one. Please remember those among us who will not have the luxury of having their loved ones with them this year. A phone call or an invitation to your home can go a long way.

Christmas comes early to the GMFRC. Overseas Christmas parcel preparations begin in September and once the Angel Tree Campaign gets going and the gifts start coming in, the excitement and anticipation of Christmas come flooding in. What a wonderful place to be leading up to Christmas as we watch our volunteers make angels, collect gifts and fill and wrap parcels. What better testament to the meaning of Christmas than to have the people around you working together to make Christmas better for those whom are separated from their loved ones. Then, we see the volunteers working to make a difference for the less fortunate, more importantly, for the children. Each year my heart is warmed by the generosity of our community. To watch all those parcels being packaged and to see all those children’s gifts under the Christmas tree causes you to reflect and puts the true meaning of Christmas into perspective. These are the things that bring Christmas to life at the Centre.

To our volunteers, the gifts you give are priceless. Your time, your efforts, your suggestions and your support do not go unnoticed. You’ve heard it before and I’m saying it again, we could not do what we do without you...you are our greatest gift! To each of you, we wish you a most wonderful holiday season. Your contributions to our military community are invaluable and the gifts you bring to our community are truly rare and wonderful. We look forward to seeing you in the New Year. Have a safe and happy Christmas!

To our friends who are away from their families due to deployments, please know that our thoughts and prayers are with you and your families this time of year. Separation is difficult, however, even more so, this special time of year. Stay well and safe, and we look forward to seeing you when you return home.

On behalf of Peggy, Danielle, Betty, Lisa, Pam, Deanne, Sarah, Caroleann and myself I wish you and your families a most joyous Christmas and a New Year filled with health and happiness.

Season’s Greetings/Joyeux Noel  
Colleen





# Deployment News

## **Red Fridays Taking Off in Newfoundland**

The sea of red on Friday's to show support to our Canadian troops has taken off in Newfoundland; people right across the island are wearing red on Friday's.

This group of ladies from the Human Resources Labour and Employment in Stephenville, NL all purchased T-Shirts from the Gander Military Family Resource Centre to show their support. In addition to buying the T-Shirts they put together a box of Newfoundland treats to send to Afghanistan.



Front row sitting left to right  
Kim Sparkes, Jeannie Duffenais, Allison Rouzes, Valda Bourgeois, Rochelle Kearley, Joanne Flynn  
Standing left to right  
Loretta Duffy, Sandee Harnum, Elaine Downey, Maureen Tiller, Heidi Dawe, Judy Fradsham, Kim De Groot.

The following are other Businesses/Organizations who have purchased Red T-Shirts to show their support:

- Kittiwake Floor Covering
- TD Bank – Gander
- Funland Day Care
- Service Canada – Gander
- Fortis Properties – St. John's
- Academy Canada Career College- Corner Brook Campus
- Gander Mall Dental Clinic
- Ultra Clear Water Inc.

## **A Newfoundland Christmas Tradition To Be Shared Amongst The Canadian Troops!**

Canadian Troops deployed this Christmas will enjoy the Newfoundland Tradition of an Old Fashion Christmas fruit cake. Thanks to the ladies of Main Brook, Newfoundland who baked 100 Christmas fruit cakes to be sent to the troops overseas. These cakes were individually wrapped with a Christmas greeting on each cake from the ladies themselves. What a great way to show their support from home.

## **Teddies for Troops to Share!**

The ladies from a little community outside Gander, called Wings Point, have knitted Teddy Bears to send overseas. These bears have been sent to Medical staff to be given to the injured children in Khandahar. Huge thanks to the ladies who provided these wonderful little bears.



**Thank you to the following businesses that donated to the Christmas Care Package program:**

**A very special thank you to the grade 4 students of Gander Academy who provided the lovely Christmas crafts and all the volunteers who helped us prepare a total of 159 Christmas Packages!**

**This Event Was A Great Success!**

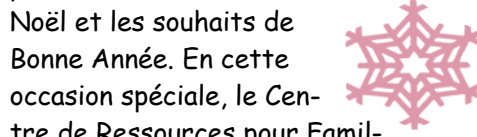
- 9 Wing Gander Academy Canada
- Royal Lepage Relocation Services
- The Town of Grand Falls-Windsor
- Shoppers Drug Mart
- Wal-Mart
- Mark's Work Warehouse
- Lawton's Drugs
- Dominion Gander
- Great Canadian Dollar Store
- Gander Mall Dental Clinic
- Gander Co-op
- Creative Book Publishing
- The Downhome
- Purity Products
- The Town of Gander
- TD Bank
- Tim Hortons
- Mr. Ben Nicholas
- Bank of Nova Scotia
- Albatross Hotels Ltd.
- Royal Bank
- Kittiwake Floor Covering
- Jim Penny Ford
- Ultra Clear Water Inc.
- Schneider's
- Cadbury Adams
- Adventure Sales and Service
- Gander Toyota
- M & R Construction Ltd.





# Joyeux Noël et Bonne Année

Déjà une autre année se termine et comme le veut la tradition en ces temps de célébration, nous voici réunis pour les vœux traditionnels de Noël et les souhaits de Bonne Année. En cette occasion spéciale, le Centre de Ressources pour Familles de Militaires tient à souligner et remercier l'engagement et le dévouement de tous ses bénévoles ainsi que du personnel militaire qui nous ont offert un soutien constant et assidu durant 2006. Sans vous et votre persévérance, nos efforts ne pourraient atteindre leur réussite.



Avec l'arrivée de 2007, l'équipe de Centre tentera de nouveau de vous offrir des services et des programmes visant à apaiser les adversités et les exigences que produit parfois la vie militaire. Ainsi, votre soutien et assistance seront encore une fois essentiels au cours de l'an 2007.



Toute l'équipe du Centre de Ressources pour Familles de Militaires de Gander se joint à moi pour vous remercier de votre collaboration et pour vous souhaiter Joyeuses Fêtes, Prospérité et Santé en 2007.

Danielle St-Pierre  
CRFMG Coordinatrice

## If learning french is one of your 2007 resolutions, The GMFRC has something to for you....

The Gander MFRC will be offering Second Language Training starting early in the January of 2007. The training involves:

- Second Language Courses consist of 60 hrs of classroom instruction. (5 hrs per week / twice a week for 12 weeks)
- Courses will run either Mondays / Wednesdays or Tuesdays / Thursdays evenings.
- All participants will complete a placement test prior to beginning of courses.
- Military spouses and dependants will be reimbursed their initial registration \$50.00 fee if their attendance is at least 85%.
- Subsidy for childcare will be available to spouses upon presentation of receipts.
- For more information on the above information and/or to register please call the Second Language Coordinator at 256-1703 loc. 1147.



*"Never in the field of human conflict was so much owed by so many to so few."*

Winston Churchill



# Kids 'Korner

**With** Christmas just around the corner, we would like to take this opportunity to wish all of the families and our friends a very Merry Christmas and a Happy New Year. I am sure Santa will be good to teach and every one of you. Don't forget to leave a snack for Santa and his Reindeer. We have had a wonderful time working with your children this year and look forward to seeing them in the New Year. Our programs will resume Jan 07.



Happy Holidays  
Pamela Timbury, Deanne Short & Sarah Kelly

## Children's Christmas Craft

Date: December 2, 2006  
Place: Dominion Community Room  
Time: 1:00-2:30  
Age: 5 years old and up  
Cost: \$5.00 + tax (payable at Dominion the day of the event)

Hey kids! Come and join us at the Dominion Community Room for an afternoon of Christmas fun. We will bake Christmas treats to take home in a special container and make a Christmas card. To register call 256-1703 local 1206/1201.

## Teen Events over Christmas

December 17<sup>th</sup>  
On Sunday December 17<sup>th</sup> from 1:00-3:00pm come on up to the GMFRC for a fun filled day of X-Box, Pool, Foosball, Air Hockey, Movies, Games, and more!!

## December 22<sup>nd</sup>

On Friday December 22<sup>nd</sup> at the GMFRC we will be holding a movie pizza night from 7:00-10:00pm.

## December 28<sup>th</sup>

Thursday December 28<sup>th</sup> from 1:00-3:00pm join me at the PSP gym for a sports day; Soccer, Basketball, Volleyball, and more. Bring along some friends...the more the merrier.

## December 29<sup>th</sup>

There will be an open swim on Friday December 29<sup>th</sup> at the PSP pool from 6:30-8:00pm, come on out and bring some friends.



## December 30<sup>th</sup>

On Saturday December 30<sup>th</sup> join me at the Community Centre for an open skate (watch for times).

## Easy Shortbread Cookies

- 1 lb butter
- 1cup brown sugar
- 4 cups flour



Cream together the butter and brown sugar. Add the flour, one cup at a time. Bake

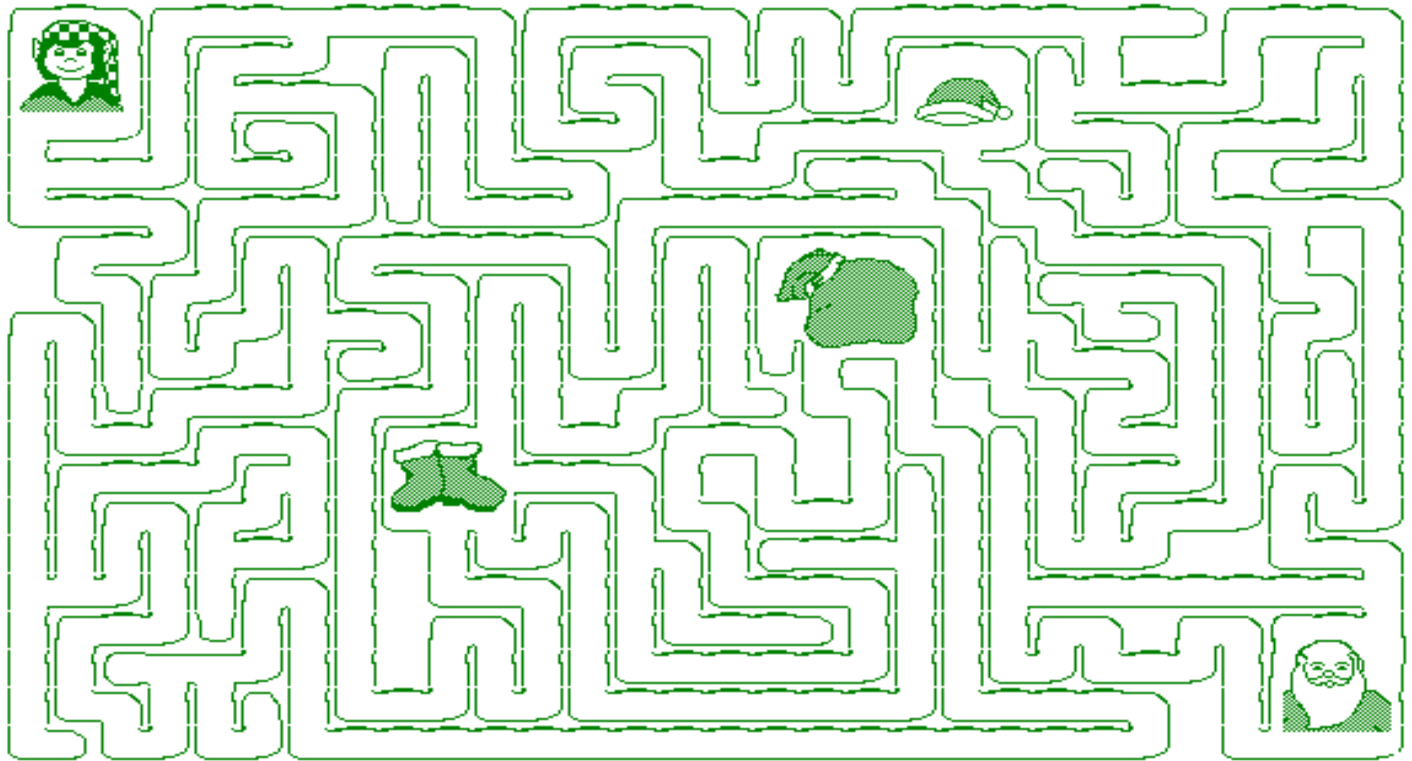
at 350f for about 10 minutes. Makes 5 to 6 dozen.

This is an easy recipe for younger children to do with the help of an adult. We like to make a thumb print in the middle and fill with jam or press a heresy kiss in the middle when cooked .





## Help the Elf get Santa Ready!



## Christmas Jokes and Riddles

1. What do elves learn in school?
2. What is the difference between the Christmas alphabet and the ordinary alphabet?
3. What Christmas Carol is a favourite of parents?
4. Why does Santa have 3 gardens?
5. What do snowmen eat for breakfast?
6. What do you get when you cross a snowman with a vampire?
7. What kind of bird can write?
8. What did the ghost say to Santa Claus?
9. How do sheep in Mexico say Merry Christmas?
10. What does a cat on the beach have in common with Christmas?
11. What do you get if Santa goes down the chimney when a fire is lit?
12. What kind of candle burns longer, a red candle or a green candle?
13. What do you get if you deep fry Santa Claus?
14. Why was Santa's little helper depressed?
15. What do you call people who are afraid of Santa Claus?

- Answers:**
1. The Elf-abet
  2. The Christmas alphabet has No L
  3. Silent Night
  4. So he can hoe hoe hoe
  5. Frosted Flakes
  6. Frostbite
  7. A pen-gun
  8. I'll have boo Christmas with-out you
  9. Fleece Navidad!
  10. Sandy Claws
  11. Crisp Cringle
  12. Neither. Candles burn shorter
  13. Crisp Cringle
  14. He had low elf esteem
  15. Claustrophobic



# Greetings from 9 Wing

*This* message is for every man and woman, and their families, who wear the uniform of Canada. It is indeed sad that circumstances are such that you are away from home and those that you love. There are many like me who would like to openly extend their hearts to each and every one of you. I will speak for them.

You have represented your country with great valor along with a sense of kindness and generosity to the people living under oppression, especially the smallest of citizens, the children. We are filled with pride for your professionalism. We have seen the pictures of you dressed and prepared for war, but, just as prepared with a smile. We have seen the children and how comfortable they are with you. In that image is the hope for their future as well as ours at home and perhaps for the rest of the world.

If you are serving here at home and are performing duties that puts you behind a desk, carrying out maintenance, overseeing operations, or one that puts you in harms way; may I offer you my thanks and sincerest gratitude for your dedication, loyalty and hard work.

I salute the families of serving members of our military. Your role in this nation must be remembered and commended. The staff, board members and volunteers of the 9 Wing Gander Family Resource Centre play a very important role in the lives of military personnel. I now realize the awesome responsibility these people have and the professional way each of them apply their individual skills for the success of their mission..



To the above, LCol J.A. MacAleese, and all personnel of 9Wing, on behalf of myself and my family, we wish to thank each and every one of you and let you know you are in our thoughts and prayers. Please be safe, and really, really know that you are not forgotten, or taken for granted in any way. Have a Merry Christmas, a Happy and Successful New Year, and know in your minds that you are remembered and supported.

D.J. Winsor  
HCol  
9Wing Gander.

## *A Christmas Message CO 103 Search and Rescue Squadron*

Reminded by thoughts of those who are not able to be with their families this Christmas and Holiday Season, the concept of time registers true as a precious, frequently elusive, and sometimes rare commodity.

Throughout the whole of the year, the burden of our daily routine and servitude is often borne on the backs of the ones who are the closest and dearest to us. As we pause the best that we can from these duties and routines, the offer of time is at hand.

Amid the parties and the concerts, the socials and the services, the breakfasts, dinners and suppers, I hope that you will be afforded the time to pause, and enjoy the simple company of your families and loved ones. No gift can be so

precious as this...being, in time and in place, for and amongst those whom you love. This sentiment is as applicable today as it has ever been, ever since that very First Christmas morning.

Whether this Holiday Season takes you abroad, or provides you the comfort of local surroundings, our wish for you all is a Safe and Blessed Christmas and New Years, thankful for the rich bounty of friends and family, and time well spent with them.

To those who remain separated from their most precious loved ones, may the Peace and Spirit of the Season help to ease your void by the way of kindness and generosity from those of us who do not face this same burden.

May the Christmas Spirit move freely among us all.

Merry Christmas Every One,

The Nelles Family  
Jay, Stacie, Julia and Katherine



# Greetings from 9 Wing



**A**s another festive season quickly approaches, I take this opportunity on behalf of the Commanding Officer, Lieutenant Colonel Jamie Morse and all staff of 5 Canadian Ranger Patrol Group to bring Season Greetings to all Canadian Rangers, Junior Canadian Rangers, Adult Committee members and the many volunteers that support our programs throughout Newfoundland and Labrador. As well I would extend the same greetings to our staff and their families as well to all members of Canada's Military family. May this most special holiday season find you in good health and spirit. May your lives and the lives of those around you be filled with family and your hearts filled with joy. As we celebrate the Christmas Season with family and friends, let us keep the members of our extended military family, who are away from home, serving on various world missions, ever present in our thoughts and prayers. We, at 5 Canadian Ranger Patrol Group, applaud your dedication to service and to this wonderful country of Canada. We extend our sincere hope that you and your families will have a safe and joyous Christmas and that you will return safely home to your families in the New Year. May the joy of the Christmas Season continue throughout the New Year and your future be filled with good health, happiness and prosperity.

G. J. Roberts  
Sgt  
5 Canadian Ranger Patrol Group



**C**hristmas time is the perfect time of year to reflect back. It's hard to imagine that CFHA is celebrating its 10<sup>th</sup> Anniversary this year. We take much pride in what we have accomplished so far and look forward to future accomplishments. May the true spirit of Christmas be yours this year. We wish you all a very happy and safe holiday.

Merry Christmas from the staff at CFHA  
Gander



**W**ishing everybody a very Merry Christmas and a very Happy & Prosperous New Year. If you drink over the Holidays make sure not to drive. From Andy Mills, EAP Chairperson and Gwen Francis EAP Referral Agent. Remember we are always here whenever we are needed!

**Merry Christmas &  
Happy New Year to all  
9 Wing Personnel and  
their families and  
special wishes to all our  
Canadian Forces  
members serving  
overseas.**

27 Health Services  
Det. Gander



# Be safe during the Holidays

## Turkey Fryers

A long time favourite in the southern United States, the delicious deep-fried turkey has quickly grown in popularity. While people rave about this tasty creation, safety experts are concerned that you may be sacrificing safety for good taste. There is an increase in the number of fires related to the turkey fryer use. If you plan on deep frying your turkey this holiday season, please keep in mind the following information. From the 9 Wing Fire Department, Merry Christmas and have a Happy and Fire Safe New Year.



### Here's Why Using A Deep-Fryer Can Be Dangerous

- Many units are easily tipped over, spilling hot the oil within the pot.
- If the cooking pot is overfilled with oil, the oil may spill out of the unit when the turkey is placed into the cooking pot. Oil may hit the burner/flames causing a fire to engulf the entire unit.
- Partially frozen turkeys placed into the fryer can cause a spill over effect. This too may result in an extensive fire.
- With no thermostat controls, the units also have the potential to overheat the oil to the point of combustion.
- The sides of the cooking pot , lid and pot handles get dangerously hot, posing a burn hazard.

### Safety Tips For Using A Turkey Fryer !!

- Turkey fryers should always be used outdoors a safe distance from buildings and other combustibles.
- Never use the fryers on wooden decks or in garages.
- Make sure that they are on a flat surface to reduce accidental tipping.
- Never leave the fryer unattended.
- Never let children or pets near the fryer while in use. Even after use the unit will remain hot for many hours afterwards.
- Do not over fill the fryer. This will prevent over spill.
- Make sure that the turkey is completely thawed and be careful with marinades. Oil and water do not mix. Water causes the oil to spill over, causing a fire or even explosions.
- Keep an all purpose fire extinguisher (ABC type) nearby. Never use water to extinguish a grease fire.

Yours in Fire Safety  
W.P. Fudge  
Cpl  
Wing Fire Inspector

## Alliance

The Views and opinions expressed herein are those of contributors and do not necessarily reflect the views of the Department of National Defence, the Base Commander, or the GMFRC Executive Director. The Editor reserves the right to edit copy to suit the aims of this publication as directed by the GMFRC Executive Director.

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